Baby Bear's Family Applesauce

Prep Time: 20 min  
Cook Time: 30 min  
Makes: 2 ½ cups

Ingredients:

• 7 apples, cut in quarters
• ½ cup water
• ¼ cup sugar
• 1 tbsp cinnamon

At Hanukkah time, Baby Bear and his family make applesauce to serve with latkes (potato pancakes). Here's how you can make this tasty holiday treat!

Directions:

Step 1:  
Wash apples and cut into quarters. Apples can be peeled, but that means less fiber!

Step 2:  
Combine apples and water in saucepan. Heat to a boil. Turn heat to low as soon as the water boils.

Step 3:  
Simmer over low heat for 15 to 20 minutes or until apples are tender. Stir occasionally to prevent sticking.
Step 4:
Stir in sugar. Heat until sugar is dissolved.

Step 5:
Stir in cinnamon before serving, then enjoy this holiday treat!